FaithatHome

Tools for Your Household's Continued Growth in Faith

Go in Peace, Glorifying the Lord with Your Life!

At the end of Mass, we are dismissed. In fact the word "Mass" comes from the Latin, "misa," which means to send. We are sent into the world to take the Eucharist, Christ, to every person and situation we encounter. At this month's Encounter we were introduced to some ways to do that. Read on for more suggestions and resources for living our faith this summer!

Find prayers for refugees and migrants here.

Prepare for Mass by discussing the readings together!

We celebrate St. Gregory VII on May 23. Meet him here!

C

CHILDREN

Check out this summer reading list for Catholic kids!

T

TEENS

For more ways to serve the community as a family, check out these ideas.

A

ADULTS

As you travel this summer, find a Mass near you on the masstimes website.

FOR HOUSEHOLDS WITH CHILDREN

As the school year winds down, our thoughts turn to summer vacation and all the fun and relaxation that can bring. Let's be sure not to take a break from our faith! To help us stay engaged and growing this summer, the Encounter team offers a summer Bingo game for families! Bingo cards were distributed at the May Encounter and can be found here. Complete one Bingo – or more – to win a prize when Encounter resumes in a few months1

During the summer months, kids can have more time for screens. Common Sense Media is a trusted resource offering guidance for parents in our digital world.

Access this newsletter on the St. Catherine's website. On the Faith Formation/ Encounter page, scroll down to "Mark you Calendar" to find each month's newsletter.

FOR HOUSEHOLDS WITH TEENS

Don't take a vacation from your faith this summer! The Encounter team has made up a Bingo card for teens and adults to help us stay connected to our parish and our faith. Find it here, work as a family to get a Bingo (or more than one), and win a prize at Encounter next fall!

As Catholics, we engage in service as a response to our baptismal call and because we are sent to take Jesus into the world every time we leave Mass. The great news is that serving (volunteering) is good for our kids in other ways too! This article tells us how.

ADULT GROWTH IN FAITH

No matter our stage in life (single, married, student, parenting, empty-nester, retiree, etc.) we attend to our growth in faith and live more deeply into our baptismal call.

Stay connected to the parish and your faith all summer long by playing Bingo with the card created by the Encounter team. Print the Bingo card, complete one or more rows, and win a prize when Encounter resumes in October!

At the May Encounter, we heard from a member of the Catholic Charities staff about ways to become involved in their work with refugees settling in our community. Catholic Charities offers many other opportunities for us to take Christ to others. Find out more here.

During Encounter this year, we have used videos from the "Why Mass?" series developed by the Diocese of DSM. Check the Why Mass? website occasionally as it continues to be built out.

As the Eucharistic revival in the United States continues, the Diocese of Des Moines will be part of a national Eucharistic procession in June. Find out more here, including how to participate.

ST. CATHERINE OF SIENA Catholic Parish and Student Center
1150 28th St., Des Moines, IA 50311
Laura Catherine Carruthers-Green, Coordinator of Faith Formation: lauracatherine.green@gmail.com