



St. Catherine of Siena

Catholic Church and Student Center

15th Sunday of Ordinary Time • July 16, 2023

Upon Reflection...

a semi-regular series from some of the world's finest spiritual writers

Sweating the Small Stuff

It is a self-help maxim of the privileged to say, "Don't sweat the small stuff." But folks at the bottom have to. What the privileged consider "small stuff" are precisely the trips and traps that foil the folks at the bottom: no bank account; no car, or one that can reliably get you where you're going; no health insurance; several dollars short of a package of Pampers.

It isn't simply that being poor means having less money than the privileged; it's that being poor means living in a continual state of acute crisis. This is what they have to lug around every day.

The poor are always one straw away from calamity and catastrophe. Homies who have now chosen to "play by the rules" often find themselves stuck in having to choose between, say, feeding their kids or paying their rent. A homie ... speaks of no food in the fridge, no light, landlord looming, no bus fare. ... He grows teary-eyed and says quietly, "I just keep waiting."*

For what, son?" I ask.

"For the last to be first."

Gregory Boyle, SJ, *Barking to the Choir*, pp. 59-60.

*A homie is person from one's home town or neighborhood; a member of one's peer group or gang; a homeboy or homegirl.

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Weekend Pastoral Associate

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MASS TIMES

WEEKDAYS

Monday: 5:15 PM
(Communion Service)

Tuesday-Thursday: 5:15 PM

Friday: 12 NOON

WEEKENDS

Saturday: 5 PM

Sunday: 10:30 AM

African Mass: 2 PM
3rd Sunday in English;
other Sundays in Kiswahili

Last chance Mass: 8 PM

ST. CATHERINE OF SIENA Catholic Parish and Student Center

1150 28th St., Des Moines, IA 50311

office@stcatherinedrake.org • 515.650.8646

Welcome to St. Catherine of Siena

Catholic Church and Student Center

New parishioners and students are invited to register online at stcatherinedrake.org or by contacting the parish office. Please notify the parish office when moving or with change in phone number, address or email.

Campus Ministry

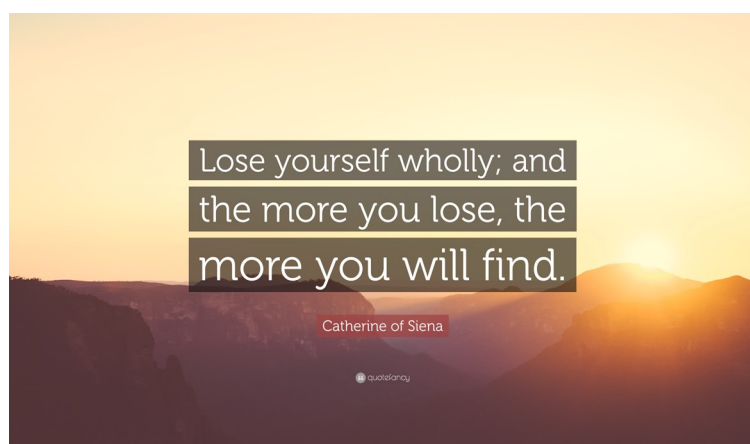
Welcome DU Bulldog Catholics VP/Treasurer—Matthew Bell



I'm Matthew, and I'm a first-year at Drake studying Actuarial Science and Finance. Outside of St. Cate's activities, I am also involved in the Drake Badminton Club, Alpha Kappa Psi professional fraternity, and the Zimpleman College of Business Leadership Council, to name a few things. I am excited to serve as the VP/Treasurer because I think it will be a good experience to

learn the inner workings of a student organization as well as assist with the accounts. I look forward to working with the rest of the EC to facilitate programming and such for our members. The community we have here is definitely my favorite thing about St. Cate's, and I can't wait to play a larger role in helping us grow together in fellowship and in faith!

Note from the Editor: Matthew is also going to be one of our office interns in the fall. He will also be on the Finance Council at our parish.



Silent Women's Ignatian Retreat by Sharon Doran: Women of Hope Who Find God in All Things

Get away from the hectic pace of life and take time to deepen your relationship with God by engag-

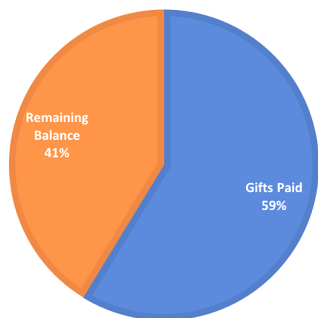


ing your heart, mind, body and eternal soul. Hear God speak to your heart in the community of silence. There will be 11 preached conferences by Sharon Doran who combines her love of Sacred Scripture with the Spiritual Exercises of St. Ignatius.

The dates are August 24-27, 2023 at Creighton University Retreat Center in Griswold, IA, 1 hour east of Omaha and 1.5 hours west of Des Moines. Cost for lodging, meals and retreat: \$425. Check-in between 4:30-5:30pm on Thursday & concludes Sunday at 2:30 p.m. Register at creighton.edu/curc or by using this QR code:



Parish Life & More



ADA 2023

As of June 30, 2023, our donations total is \$25,858. We have \$18,168 left to reach our goal.

Mission Appeal—Bishop Agyenta

Please welcome Most Rev. Alfred Agyenta, the diocesan Bishop of the diocese of Navrongo-Bolgatanga in Ghana. He will visit and preach at the masses on the weekend of July 22 and July 23.

Volunteers Still Needed for New African Refugee Program

Help is needed with a new project for elderly African refugees. It would involve volunteering one night a week, probably Thursdays from 6-8, at New Hope United Methodist Church on Beaver. The program will begin sometime in August. If you are interested in volunteering for this program, please contact Margaret Cavanagh at 515-718-4633.

Volunteers Needed at St. Cate's

We are in need of volunteers to handle coffee and donuts, and to serve as Eucharistic Ministers at the 10:30 a.m. mass. Please sign up at the table in the Gathering Space.



Did you bring a can in each hand?

If each of us put a can in each hand every time we come to church, we could make sure there would be something in the pantry when someone is hungry and looking for something to eat.



Together, we can help feed the hungry in our neighborhood. Thank you.

Around the Diocese

St. Albert Announces 23-24 Asst. Administrator

Saint Albert Catholic School announced Doreen Knuth will be the interim K-8 Assistant Administrator and 9-12 Dean of Students effective July 1, 2023. Knuth will join Pat Ryan, School Administrator, and Fr. Dan Siepker, Canonical Administrator, as part of the leadership team for the 2023-2024 school year.

St. Ambrose Cathedral to Host Monthly Healing Service

On July 19th, all are invited to attend a healing service at St. Ambrose Cathedral beginning at 5:30 PM. *"Come to me, all you who are weary and burdened, and I will give you rest."*

Eucharistic Procession

The second annual Diocesan Eucharistic Procession will be Saturday, Aug. 19. Mass begins at 9 a.m. at St. Anthony Church. Following Mass at about 10 a.m., the procession will begin a 1.6-mile route to St. Ambrose Cathedral. This is a wonderful opportunity for us to gather as a community of Catholics and bear witness to our faith in the incarnation of the Lord. A map can be found at [11491e7c-1015-41b6-9f88-49cc805c4767.pdf \(constantcontact.com\)](https://www.constantcontact.com/11491e7c-1015-41b6-9f88-49cc805c4767.pdf)

Employment Opportunities

Diocese of Des Moines

Diocese of Des Moines has an exciting opportunity at the Diocese of Des Moines for a Digital Evangelization Specialist. Please visit [their website](#) for more information about this position and other positions within the Diocese.

St. Francis School

St. Francis School is currently looking for a middle school science teacher and a school kitchen steward. For details, go to <https://www.sfawdm.org/about-us/job-opportunities/>.

St. John's in Adel

St. John's Catholic Church is hiring a full time Parish Secretary position. For more information, go to <https://www.stjohnsadel.org/>.

Bulletin announcements are due by noon of Wednesday each week. Submit to: office@stcatherinedrake.org

Upon Further Review

From the Sunday Connection of Loyola Press

Today's Gospel marks the beginning of the third long discourse given by Jesus in the Gospel of Matthew. Over the next few weeks, the Gospel readings will consist of the entire 13th Chapter of Matthew's Gospel, a lengthy teaching discourse.

Throughout this discourse, Jesus will offer several parables to illustrate for his listeners what he means by the kingdom of heaven. He begins with the parable of the sower, which appears rather straightforward—of course seeds grow best in good soil. Seeds that miss the soil, are sown on rocky ground, or are sown among other plants will not grow. The surprise in the parable is the enormous yield of the seed that is sown on good soil.

Jesus then explains his use of parables. Jesus seems to suggest that he uses parables to teach because the meanings of parables are not self-evident. The hearer must engage in some degree of reflection in order to comprehend the message of a parable. In this way, the medium—the parable—models the point of the parable of the sower. Those who are willing to engage themselves in the effort to understand will be rewarded by the discovery of the message and will bear fruit.

To bring home the point, Jesus interprets the parable of the sower to his disciples. The different types of soil in which the seeds are sown are metaphors for the disposition with which each individual hears the teaching about the kingdom of heaven. Some will be easily swayed away from the kingdom of heaven. Some will receive it for a time but will lose it when faced with difficulties. Some will hear the word but will then permit other cares to choke it out. Yet some will receive it well, and the seed will produce abundant fruit.

Donations

Please assist St. Cate's by mailing a check to the office or giving online by clicking on the DONATE button on our website or by completing an ACH form for automatic withdrawals.

Thank you for your generosity.

OUR MISSION

St. Catherine of Siena Catholic Student Center is a spiritual "home away from home" for resident parishioners and Drake students alike. We strive, through worship, prayer, fellowship, study, and service, to be disciples of Jesus today, so that we will be the leaders of the Catholic Church and Community tomorrow.

Around the Diocese continued



Ignatian Retreat Day

Register today for the Annual Ignatian Retreat Day. Facilitator Amy Hoover will invite us to "Image and Imagination" in our experience of prayer. All are welcome! Saturday, July 22 from 9 a.m. to 3:30 p.m. at St. Pius X in Urbandale. For more information and to register <https://www.theemmaushouse.org/ignatian-retreat>.

Parish Garage Sales

OLIH

Rummage Sale at Our Lady's Immaculate Heart, 510 E First St, Ankeny, IA. on Thurs, Jul 20, 4-8 pm (\$5 Early Bird fee--4:-5: pm); Fri, Jul 21, 8 am-6 pm & Sat, Jul 22, 8 am-12 Noon (*Prices cut in half*).

Holy Trinity

The Garage Sale will be held at 2922 Beaver Ave. on Thursday, August 3, 9 am - 5 pm; Friday, August 4, 9 am - 5 pm and Saturday, August 5, 9 am - noon with their famous Sack Sale!

St. Joseph

Rosary Society annual garage sale will be held at 3300 Easton Blvd in DSM) on August 11, 8 am - 5pm & August 12, 8 am - 2pm.