

PROJECT SUGGESTIONS

1. Prepare and present a lesson on the derivation and meaning of the liturgical vestments and their colors, including those worn by deacons, priests, monsignors, bishops, cardinals and the Pope.
2. Prepare and present a lesson on the derivation and meaning of other linens and oils used in the administration of the sacraments.
3. Prepare and present a lesson on the derivation and meaning of the sacred vessels; chalice, ciborium, pyx, thurible, monstrance, holy water font, baptismal font, sacristy lamp, tabernacle, altar relics.
4. Research and present the development of the ritual of Mass as celebrated today.
5. Develop map overlay projections, to be used in conjunction with the Scripture Readings at Mass, showing the locations on today's map, of the ancient sites mentioned.
6. Develop screen projections of the hymns used at Mass.
7. Prepare and present a History of the Papacy, documenting sources.
8. Prepare and present a History of the Sacraments, when initiated, and regulations over the years concerning their reception.
9. Prepare and present a History of the Major Heresies and Schisms, their conflicts and resolutions.
10. Develop and present a History of Clerical Celibacy.
11. Prepare and present, with map overlays, a brief History of the Middle East before and since WW1.
12. Organize an Ecumenical Dialogue, or other exchange, with religious leaders of other Des Moines congregations; Jewish, Muslim, Hindu, Greek Orthodox, Buddhist, Quakers, Sufis.
13. Develop ways to better integrate students and resident parishioners.

Become more involved with on-going activities such as Liturgical Coordinator, Coffee and Doughnuts, Eucharistic Ministry, Reader, Music, Greeter, Parish Council, Finance Committee, Catholic Worker House, Food Pantry, St. Joseph's Shelter, St. Vincent de Paul, Knights of Columbus.